If V_B^{min} be the critical velocity of the particle at the bottom, then from conservation of energy

$$K_A + U_A = K_B + U_B$$

$$mg(2\ell) + \frac{1}{2}m(v_A^{min})^2 = \frac{1}{2}m(v_B^{min})^2 + 0$$

$$\Rightarrow 2mg\ell + \frac{1}{2}mgI = \frac{1}{2}m(v_B^{min})^2 \qquad (\because v_b^{min} = \sqrt{g\ell})$$

$$\Rightarrow v_B^{min} = \sqrt{5g\ell}$$

$$V_B^{min} = \sqrt{5g\ell}$$

If v_c^{\min} be the critical velocity of the particle at the bottom, then from conservation of energy

$$K_{A} + U_{A} = K_{C} + U_{C}$$

$$mg(2\ell) + \frac{1}{2}m(v_{A}^{min})^{2} = \frac{1}{2}m(v_{C}^{min})^{2} + mg\ell$$

$$\Rightarrow 2mg\ell + \frac{1}{2}mgI = \frac{1}{2}m(v_{C}^{min})^{2} + mg\ell \qquad (\because v_{b}^{min} = \sqrt{g\ell})$$

$$\Rightarrow v_{C}^{min} = \sqrt{3g\ell}$$

$$V_{C}^{min} = \sqrt{3g\ell} \qquad (7)$$

Important Cases:

(a) If
$$v_B > \sqrt{5gl}$$

In this case tension in the string will not be zero at any of the point, which implies that the particle will continue complete the circular motion.

(b) If
$$v_{B} = \sqrt{5gI}$$
 :

In this case the tension at the top most point (B) will be zero, which implies that the particle will just complete the circular motion.