POWER

The rate of doing work by an agency (body) is known as its power.

So, the average power delivered by the agency is given by

Power is a scalar quantity and its unit is watt (w)

 $1 \text{ kw} = 10^3 \text{ watt}$, $1 \text{ Mw} = 10^6 \text{ watt}$, 1 hp = 746 watt

The instantaneous power delivered by the agency is given by

If the body does equal amount of work in equal time interval, its average power is equal to the instantaneous power.

Again, since
$$W = \vec{F}.\vec{S}$$

by eq. (7)
 $P_{inst} = \frac{d}{dt}(\vec{F}.\vec{s})$
 $P_{inst} = \vec{F}.\frac{d\vec{s}}{dt}$
 $P_{inst} = \vec{F}.\vec{V}$ (8)