EXAMPLE: An electric heater supplies heat to a system at a rate of 100W. System performs work at a rate of 75 joules per second. At what rate is the internal energy increasing?

$$\frac{\Delta Q}{\Delta t} = 100W ; \qquad \frac{\Delta W}{\Delta t} = 75 J/s = 75W$$

$$\frac{\Delta U}{\Delta t} = ?$$
Acc. to 1st Law
$$\Delta Q = \Delta U + \Delta W$$

$$\frac{\Delta Q}{\Delta t} = \frac{\Delta U}{\Delta t} + \frac{\Delta W}{\Delta t}$$

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